

# SNAP-Ed Survey Modules by Program Activity

February 2025

# Kids in the Kitchen – Youth Curriculum

## Modules covered in a KIK series:\*

- **A:** Lessons 2,4, and 5 – MyPlate, fruit and vegetable food groups, preparing and tasting recipes that focus on fruits and vegetables
- **C:** Lesson 1, 2, 3, 4, 5, 6, and 7 – include physical activity movement and education as a core activity
- **No B**

Youth Curriculum	A – fruits & veg	B - beverages	C – physical activity
Kids in the Kitchen	X		X

\*Recommended modules are based on KIK Levels A & B, 2023/24 updated versions

# Plan, Shop, Save & Cook – Adult Curriculum

## Modules covered in a PSSC series:

- **A:** Lesson 1 and 4 – MyPlate, planning meals with 5 food groups, my healthy plate
- **D:** Lesson 1, 2, 3, and 4 – meal planning, shopping with a list, comparing prices, reading labels
- No **B** or **C**

Adult Curriculum	A – fruits & veg	B - beverages	C – physical activity	D – food resource management
Plan, Shop, Save & Cook	X			X

# Additional Activities

- If these activities are included as part of a series, you may decide to add the appropriate survey modules:

	A – fruits & veg	B – beverages	C – physical activity	D – food resource management
Food Hero - varies	X	X	-	X
BEPA 2.0	-	-	X	n/a
Rethink Your Drink	-	X	-	X
Handwashing	-	-	-	-
MFC Whole Grains	-	-	-	-
Storybooks - varies	X	X	X	n/a
Optional Curricula Activities - varies	X	X	X	X

# What would be most helpful?

- You can choose the modules that fit the content you cover in your series including additional activities
  - Varies educator by educator; group by group
  - Educators know best which modules to choose
  - Stephanie and Rose are available if you are unsure or have questions
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- **Poll**

