







Expanded Food and Nutrition Education Program (EFNEP)

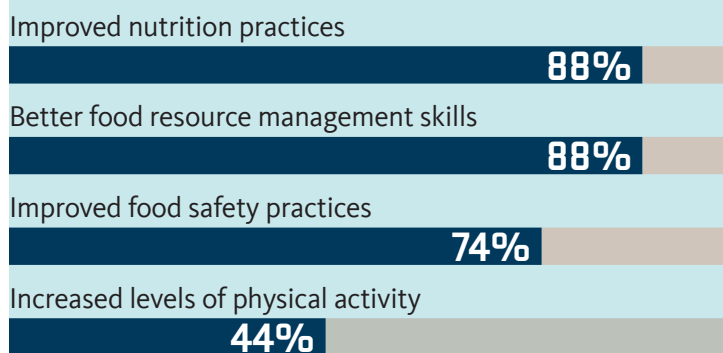
Highlighting Success in Oregon

PROGRAM IMPACTS • FY2017 • 10.1.16-9.30.17

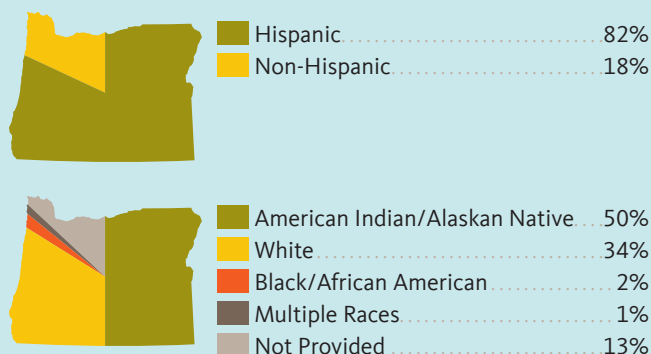
-  **\$599,222** federal appropriation received
-  **10** counties served—Benton, Clackamas, Jackson, Josephine, Lane, Linn, Marion, Multnomah, Washington, Yamhill
-  **400** adult participants—287 (72% completed the program after participating in a series of 6 or more classes. All adult participants are parents or caregivers of children)
-  **21** community educators—(4.6 FTE)
-  **72** community partnerships—(EFNEP educators collaborated with 72 partnering agencies, delivering classes at 57 sites)
-  **971** youth participated in nutrition classes in school classrooms, after-school, and/or summer programs—799 (82% completed the program after a series of 6 or more classes)

EFNEP Helps Families Make Positive Behavior Changes

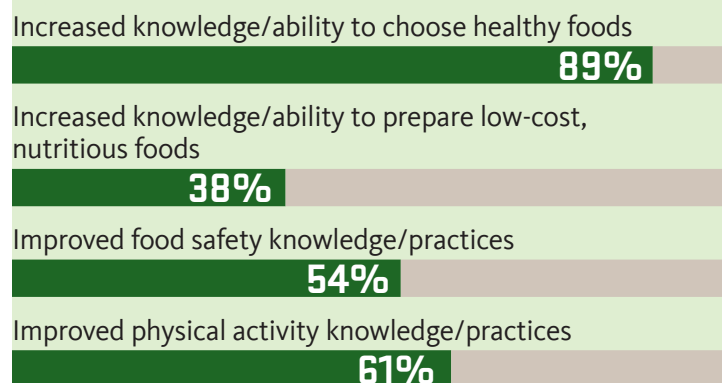
Adults



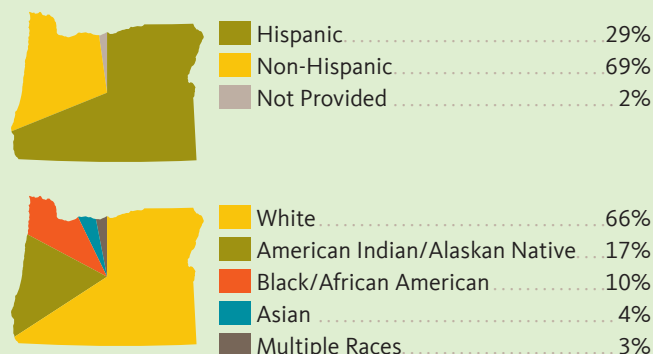
Race/Ethnic Characteristics



Youth



Race/Ethnic Characteristics



Oregon EFNEP Reaches Low-Income Families Who are Living At or Below the Poverty Level



Income Relative to Poverty Level

50% and below	17%
51-75%	27%
76-100%	22%
101-185%	25%
186% and above	1%
unspecified	8%

Changing Family Behaviors

“Since I started the class I am eating bright fruits and vegetables. I never used to exercise, but now I am exercising all the time. When I started the class I weighed 236 Pounds, now I am at 220 pounds and still losing. I am drinking water instead of soda. My kids are healthy and our house is happy!”

Marion County EFNEP participant

“At Rosita’s last doctors’ visit, the pediatrician asked me what I was doing differently, because of the changes she saw in my daughter’s weight and behavior. Now Rosita is more active. During previous doctor’s visit she used to sit in the office and would be out of breath due to her obesity. I told the doctor that I was attending these classes and that they were helping my whole family, not just Rosita. We are very grateful for this program, thank you.”

Multnomah County EFNEP participant



Since 1969, EFNEP has reached more than 32 million low-income families with young children and youth audiences, improving their diets, food-related behaviors, physical activity, and quality of life. EFNEP federal funds, along with state and local resources, supports quality nutrition education for participants in more than 800 counties in all 50 states, six U.S. territories, and the District of Columbia.